

Madelynn Druhen Shell, Ph.D.

CONTACT INFORMATION

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EDUCATION

Ph.D., Developmental Psychology, 2012, *University of North Carolina at Greensboro (UNCG)*
Dissertation: Anxious Solitude and the Middle School Transition: A Child × Environment Model of Peer Exclusion and Victimization Trajectories (Shell, Gazelle & Faldowski, 2014)

M.A., Experimental Psychology, 2009, *UNCG*
Thesis: Anxious Solitary Children at Recess: Naturalistic Observation of Sequential Peer Exclusion, Victimization, and Acceptance Processes

B.A., Psychology, Minor in Sociology and Behavioral Science, 2006, *McGill University*
Thesis: Identifying the Source: Species Specificity in Infant Pairing of Voices and Faces (Vouloumanos, Druhen, Hauser & Huizink, 2009)

ACADEMIC POSITIONS

2022-present *Texas A&M University - Central Texas (TAMUCT)*

- Associate Professor of Psychology (August 2022 – present)
- Assistant Lecturer of Psychology (January – July 2022)

2012-2021 *The University of Virginia's College at Wise (UVA Wise)*

- Associate Professor of Psychology with tenure (2018 – 2021)
- Assistant Professor of Psychology (2012 – 2018)

2010-2012 *Elon University; Guilford College; UNCG*

- Adjunct Instructor

HONORS & AWARDS

2024 Ignite Award for Faculty, *Distinguished Student Leadership & Service Awards, TAMUCT*

2021 Advisor of the Year (Psi Chi, Psychology Honor Society), *UVA Wise*

2018 Harrison Award for Outstanding Service, *UVA Wise*

2017 Nominee, Outstanding Faculty Award - Rising Star, *State Council for Higher Education of Virginia*

2016 Harrison Award for Mentoring Undergraduate Research, *UVA Wise*

2015 Harrison Award for Rising Star, *UVA Wise*

2015 Excellence in Teaching Award, *National Society of Leadership and Success, UVA Wise*

2011 Elizabeth Duffy Graduate Scholarship (\$7,000), *UNCG*

2010 Robert and Deborah Guttentag Summer Stipend Award (\$2,000), *UNCG*

2008 Hayes Fellowship (\$20,000), *UNCG*

TEACHING EXPERIENCE

Courses Taught (†face to face *online)

TAMUCT

Psychology Major Seminar*, Writing in Psychology*; Human Lifespan*, Human Sexuality*, Social Psychology*, Psychological Disorders in Childhood*, Behavioral Science Research†*, Human Development (graduate-level)*

UVA Wise

Freshman Seminar†*; Introduction to Psychology†*; Integrated Statistics and Research Methods†*; Writing in Psychology†*; Child Development†*; Adolescent Development†; Adult Development†*; Human Growth and Development for Education Majors*; Human Sexuality*; Social Development†*; Peer Relations†; Psychological Disorders in Childhood†*; Research Statistics*; Social Psychology†; Senior Seminar†*; Independent Research†*

Professional Mentor Positions

Faculty Lead, High Impact Practices and Student Success Faculty Fellowship, TAMUCT, 2024
Co-facilitator (with K. McClure, A. Kelling, & T. Elliot). Parent and Caregiver Educators, *Society for Teaching in Psychology Affinity Group*, 2023-2024

Mentor, *Society for Teaching in Psychology Professional Development Mentoring Program*, 2022-2023; 2023-2024

Mentor, Academic Portfolio Workshop for Faculty Learning Community for Tenure and Promotion, *UVA Wise Center for Educational Excellence and Innovation*, Fall 2021

Instructor, Online Teaching Workshops (Moodle Tips and Tricks, Peer-review of Online Courses), *UVA Wise*, Spring/Summer 2020

Mentor, Teaching Portfolio Workshop, *UVA Wise*, led by Peter Seldin and Beth Miller, 2016 - 2018

Professional Development and Training

Inspiring Inquiry and Lifelong Learning in Your Online Course, *Association of College and University Educators and the American Council on Education (ACUE)*, Fall 2023

High Impact Practices and Student Success Faculty Fellow, TAMUCT, 2023

Institute on High Impact Practices and Student Success: Strengthening Institutional Capacity for Quality, Equity, and Student Engagement, *Association of American Colleges & Universities (AAC&U)*, Summer 2023

Midcareer Mentorship Program, *Society for the Teaching of Psychology*, Spring 2023

Certificate in Effective College Instruction, *ACUE*, 2022 - 2023

Applying the Quality Matters Rubric Online Workshop, *Quality Matters*, 2022

C3 Professional Course Design Workshop, *University of Virginia's Center for Teaching Excellence*, 2020; 2021

Online Assignment Design Charette, *State Council of Higher Education in Virginia*, 2018

Academic Portfolio Workshop, *Peter Seldin and Beth Miller, UVA Wise*, 2017

Teaching Institute, *Society for Research in Child Development*, 2013, 2017

AP Psychology Exam Reader, *CollegeBoard, Louisville, KY*, 2016

Dialogues Conference, *Council on Undergraduate Research, Washington, DC*, 2016

Certificate Program in Online Teaching, focus on Student Feedback, Student Engagement, Developing Effective Assessment, *The Online Learning Consortium*, 2013 – 2014

PEER-REVIEWED PUBLICATIONS

* indicates student collaborator

- Schwegler, A. F, **Shell, M. D.**, & Clark, D. A. (in press, 2024). Using *Guidelines 3.0* to support program and course learning outcome alignment. *Scholarship of Teaching and Learning in Psychology*.
- Shell, M. D.** & Moore, C. J. (in press, 2024). Flipping the first year: A case study in co-teaching first-year seminar as a community of inquiry. *Journal of the Scholarship of Teaching and Learning*.
- Shell, M. D.**, Strouth, M.,* & Reynolds, A. M. (2021). Make a note of it: Comparison of longhand, keyboard, and stylus note-taking techniques. *The Learning Assistance Review*, 26(2), 1-23.
- Fields, N.* & **Shell, M. D.** (2021). Parental relationship quality, shyness, and college academic success. *Undergraduate Research*, 1(1), 10-28.
<https://kb.gcsu.edu/undergraduateresearch/vol1/iss1/2/>
- Shell, M. D.**, Shears, D.,* & Millard, Z.* (2020). Who am I? Changes in identity development during college. *Psi Chi Journal of Psychological Research*, 25, 192-202.
<https://doi.org/10.24839/2325-7342.JN25.2.192>
- Shell, M. D.** & Absher, T. N.* (2019). Effects of shyness and friendship on socioemotional adjustment during the college transition. *Personal Relationships*, 26, 386-405.
<https://doi.org/10.1111/perc.12285>
- Cantrell, A.* & **Shell, M. D.** (2018). The influence of academic performance and stress management on internalizing symptoms in first year college students. *Lux: Undergraduate Scholarship at the University of Virginia's College at Wise*, 1, 18-37.
- Gazelle, H. & **Shell, M. D.** (2017). Behavioral profiles of anxious solitary children: Predicting longitudinal peer relations trajectories from third to fifth grade. *Merrill-Palmer Quarterly*, 63(2), 237-281. <https://doi.org/10.13110/merrpalmquar1982.63.2.0237>
- Moore, L.* & **Shell, M. D.** (2017). Effects of parental support and self-esteem on internalizing symptoms in emerging adulthood. *Psi Chi Journal of Psychological Research*, 22, 131-151. <https://doi.org/10.24839/2325-7342.JN22.2.131>
- VanDyke, S.* & **Shell, M. D.** (2017). Health beliefs and breast cancer screening in rural Appalachia: An evaluation of the Health Belief Model. *The Journal of Rural Health*, 33, 350-360. <https://doi.org/10.1111/jrh.12204>
- Scott, V.,* **Shell, M. D.** & Gazelle, H. (2015). Anxious solitary adolescents' coping in response to peer stress. *Psi Chi Journal of Psychological Research*, 20, 18-28.
- Shell, M. D.**, Gazelle, H. & Faldowski, R. A. (2014). Anxious solitude and the middle school transition: A child × environment model of peer exclusion and victimization trajectories. *Developmental Psychology*, 50, 1569-1589. <https://doi.org/10.1037/a0035528>
- Gazelle, H. & **Shell, M. D.** (2014). Anxious solitude at school. In R. J. Coplan & J. C. Bowker (Eds.), *Handbook of solitude: Psychological perspectives on social isolation, social withdrawal, and being alone* (pp. 263-282). New York, NY: Wiley-Blackwell.
- Gazelle, H., & **Druhen, M. J.** (2009). Anxious solitude and peer exclusion predict social helplessness, upset affect, and vagal regulation in response to behavioral rejection by a friend. *Developmental Psychology*, 45, 1077-1096. <https://doi.org/10.1037/a0016165>
- Vouloumanos, A., **Druhen, M. J.**, Hauser, M., & Huizink, A. (2009). Five-month-old infants' identification of the sources of vocalizations. *Proceedings of the National Academy of Sciences of the United States of America*, 106, 18867-18872.
<https://doi.org/10.1073/pnas.0906049106>

NON PEER-REVIEWED PUBLICATIONS AND BROADER IMPACT

- Clark, D. A., **Shell, M. D.**, & Schwegler, A. F. (2023, July). How we aligned our research-oriented curriculum (and you can too!). *Society for the Teaching of Psychology Excellence in Teaching Blog*. <https://teachpsych.org/E-xcellence-in-Teaching-Blog/13230001> or https://www.dropbox.com/s/9fis1ey47911vdl/6.%20June_Clark%20et%20al.docx?dl=0
- Moore, C. J. & **Shell, M. D.** (2022). Zooming through freshman seminar: Community building in online courses. *The Southern Sociologist: Teaching Corner*, 53(4), 9-12. <https://www.southernsociologicalsociety.org/wp-content/uploads/2022/03/TSS-53-4-Final.pdf>
- Shell, M. D.** (2020, February 28). Finding classroom success: Friends with benefits [Radio interview]. In Sarah McConnell (Executive Producer), *With Good Reason*. Charlottesville, VA: Virginia Humanities, broadcast on NPR. <https://www.withgoodreasonradio.org/episode/finding-classroom-success/?fbclid=IwAR2upwIBC3JQMXJ5duo7gwEMN6uLDJBPPjqWNpHsKclv8E7EC7k7UjcPtVc>
- Shell, M. D.** (2020). Friends protect shy college freshmen from loneliness and depression. *Society for Personality and Social Psychology Blog: Character and Context*. <https://www.spsp.org/news-center/blog/shell-shyness-friends-college-transition>
- Gazelle, H. & **Shell, M. D.** (2016). Shy teenagers find it easier to be included by classmates when starting secondary school. *The Conversation*. <https://theconversation.com/shy-teenagers-find-it-easier-to-be-included-by-classmates-when-starting-secondary-school-52898>

PRESENTATIONS

- Shell, M. D.** (2024, April). Life beyond the books: How social relationships impact college success. Invited talk at Central Texas College Psi Beta Research Symposium, Killeen, TX.
- Shell, M. D.** & Reynolds, A. M. (2024, February). Should I stay or should I go now? Considering a midcareer move. Participant Idea Exchange at the Society for the Teaching of Psychology Annual Conference on Teaching, Virtual.
- Shell, M. D.** & Moore, C. J. (2023, November). Flipping the first year: How findings from first-year seminar courses can be applied to transfer students. TAMUCT Faculty Senate Summit, Killeen, TX.
- Bunkowski, L. M., Schwegler, A. F., & **Shell, M. D.** (2023, October). Promoting high impact practices: An institutional initiative update. Presented at Online Learning Consortium Accelerate 2023 Conference, Virtual.
- Shell, M. D.**, Stidham, J.,* & Pridemore, K.* (2023, April). The importance of social engagement for emerging adults: Extracurricular activities, college belonging, and academic success. In Sources of resilience when navigating educational transitions and challenges. Symposium presented at the Society for Research on Adolescence Conference, San Diego, CA.
- Shell, M. D.**, Clark, D. A., & Schwegler, A. F. (2022, December). Revising course alignment to prepare students for research methods. Teaching roundtable presented at the PsychTERMS (Teaching to Enhance Research Methods and Statistics in Psychology) Conference, Virtual.
- Moore, C. J. & **Shell, M. D.** (2022, November). Flipped out: Co-constructing a community of inquiry. Talk presented at the AMPS Transformative Teaching: Focus on Pedagogy Conference, Virtual.

- Shell, M. D.** & Moore, C. J. (2022, June). Community building in online synchronous freshman seminar. Talk presented at the Chancellor's Conference on Academic Technology: Now & Next: Transformative Educational Technology, Bryan, TX, Virtual.
- Reynolds, A. M. & **Shell, M. D.** (2021, June). Sleep stability and academic performance in college students. Poster presented at the American Professional Sleep Societies Conference – Virtual SLEEP 2021. **published abstract
- Shell, M. D.** (2021, April). Social predictors of college success. Talk presented at Research Day, Wise, VA.
- Shell, M. D.**, Strouth, M.,* & Reynolds, A. M. (2021, March). Is the (digital) pen mightier than the keyboard for note-taking? Paper presented at the Southeastern Psychological Association Conference (Virtual).
- Reynolds, A. M. & **Shell, M. D.** (2018, June). The impact of sleep on GPA and internalizing symptoms in college students. Poster presented at the American Professional Sleep Societies Conference, Baltimore, MD.
- Shell, M. D.** (2018, April). Navigating the transition to college. Talk presented at Research Day, Wise, VA.
- Shell, M. D.** & Absher, T.* (2018, March). Predictors of friendship and well-being during the transition to college. Paper presented at the Southeastern Psychological Association Conference, Charleston, SC.
- Shell, M. D.** (2017, April). Bring your baby to class day: Hands-on research experience in child development. Poster presented at the Society for Research in Child Development Teaching Institute, Austin, TX.
- Ong, D., Gazelle, H. & **Shell, M. D.** (2017, April). Close friendship stability of anxious solitary children: Predicting depressive symptom trajectories from third to seventh grade. In (B. Clifford & L. Nelson, chairs): Individual and relational factors associated with social withdrawal and internalizing problems from childhood to adolescence. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Shell, M. D.** (2017, April). Where do I fit in? Interpersonal adjustment and emotional well-being during the transition to college. In (H. Gazelle, chair): Socially withdrawn youth adapt to school transitions: Focus on early adolescence and emerging adulthood. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Reynolds, A. M. & **Shell, M. D.** (2016, July). Addressing gender differences in college students' attitudes and anxiety about science. Poster presented at the Gender and STEM Network Conference, Newcastle upon Tyne, England.
- Shell, M. D.** (2016, March). Relations between shyness and internalizing symptoms in late adolescence: The moderating effects of academic adjustment. In (J. Bowker, chair): Understanding the internalizing risks associated with social withdrawal: Which youth are most at risk and why. Symposium presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
- Faldowski, R. A., **Shell, M. D.** & Gazelle, H. (2015, May). Piecewise-linear multilevel models of sociometric nominations over the transition to middle school. Symposium presented at the 2015 Modern Modeling Methods Conference, Storrs, CT.
- Faldowski, R. A., Gazelle, H. & **Shell, M. D.** (2014, September). Modeling sociometric nominations over the middle school transition: A piecewise multilevel Poisson approach. In (J. Logan, chair) Advanced approaches for longitudinal measurement and analysis. Symposium for the Society for Research in Child Development Special Topic Meeting: Developmental Methodology, San Diego, CA.
- Shell, M. D.**, Gazelle, H. & Scott, V.* (2014, March). Anxious solitary youths' emotional responses to peer challenge in middle childhood predict coping styles in early

- adolescence. In (H. Gazelle, chair) Socially withdrawn youth: Interpersonal and emotional development. Symposium for the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Faldowski, R. A., **Shell, M. D.** & Gazelle, H. (2014, March). Modeling sociometric nominations over the transition to middle school: A piecewise multilevel Poisson approach. In (P. Marks, chair) Topics in sociometric methodology: New answers to old questions. Symposium for the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Shell, M. D.** & Gazelle, H. (2013, April). The protective powers of friendship: Presence versus quantity of friends in predicting loneliness and depression trajectories. In (H. Gazelle, chair) Dyadic friendships in childhood and adolescence: Influences on the development of friendships and friendships as a predictor of later adjustment. Paper session presented at the Biennial Meeting of the Society for Research in Child Development, Seattle, WA.
- Shell, M. D.** & Gazelle, H. (2012, July). A diathesis \times stress model of peer exclusion trajectories across five years. In (**M. D. Shell** and H. Gazelle, organizers) Social withdrawal and school transitions. Symposium for the Biennial Meeting of the International Society for the Study of Behavioural Development, Edmonton, AB, Canada.
- Shell, M. D.** & Gazelle, H. (2012, July). Observed naturalistic peer interaction sequences in anxious solitary children: A test of child- and peer-driven mechanisms. In (M. Kingsbury, organizer) Mechanisms and protective factors in the links between social withdrawal and socio-emotional adjustment in childhood and adolescence. Symposium for the Biennial Meeting of the International Society for the Study of Behavioural Development, Edmonton, AB, Canada.
- Shell, M. D.** & Gazelle, H. (2011, May). Interaction sequences in anxious solitary children: Evaluating four mechanisms. Poster for the Association of Psychological Science 23rd Annual Convention, Washington, DC.
- Gazelle, H. & **Shell, M. D.** (2011, March). Behavioral profiles of anxious solitary children: Predicting longitudinal peer relations trajectories. In (M. Menzer and B. Laursen, organizers) The peer relationships of socially withdrawn children. Symposium for the Biennial Meeting of the Society for Research in Child Development, Montreal, QC, Canada.
- Druhen, M. J.** & Gazelle, H. (2009, May). Naturalistic observation of peer acceptance and exclusion processes. Poster for the Association for Psychological Science 21st Annual Convention, San Francisco, CA.
- Druhen, M. J.** & Gazelle, H. (2009, April). Naturalistic observation of peer acceptance and exclusion processes for anxious solitary children in middle childhood. Poster for the Biennial Meeting of the Society for Research in Child Development, Denver, CO.
- Gazelle, H. & **Druhen, M. J.** (2009, April). Anxious solitude and exclusion predict helplessness, upset affect, and vagal regulation in response to rejection by a friend. In (J. Bowker, organizer) The friendships and peer relations of shy/withdrawn children. Symposium for the Biennial Meeting of the Society for Research in Child Development, Denver, CO.
- Vouloumanos, A., **Druhen, M. J.**, & Hauser, M. D. (2007, March). Do infants consider humans to be the unique source for speech? In (A. Vouloumanos, organizer) Species-specificity in infant perceptual development. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Boston, MA.

SUPERVISED STUDENT RESEARCH, PRESENTATIONS, AND AWARDS

- Gilyard, S.* & **Shell, M. D.** (2023-2024). Navigating success together: The influence of social support on self-efficacy and GPA
- Poster at the Southwestern Psychological Association Conference, San Antonio, TX.

- McHugh, A.* & **Shell, M. D.** (2023-2024). Explaining “why you care” helps them share: Overcoming the reluctance to share constructive feedback
- **Winner, Psi Chi Regional Research Award, Southwestern Psychological Association Conference 2024**
 - Talk at Psi Chi Regional Research Award Competition, Southwestern Psychological Association Conference, San Antonio, TX.
- Miller, Q.,* **Shell, M. D.**, & Fiala, S. (2023-2024). Beyond the classroom: External factors as contributors to academic success and resilience
- **Winner, Psi Chi Regional Research Award, Southwestern Psychological Association Conference 2024**
 - Talk at Psi Chi Regional Research Award Competition, Southwestern Psychological Association Conference, San Antonio, TX.
- Spence, S.* & **Shell, M. D.** (2023-2024). The friendships of first year college students: Closeness, time together, and modality
- Poster at the Southwestern Psychological Association Conference, San Antonio, TX.
- Mason, J.* & **Shell, M. D.** (2022-2023). Make new friends but keep the old: College friendships, shyness, and well-being
- **Winner, TAMUCT Outstanding Undergraduate Student Scholarship Award 2023**
 - Poster at Texas Undergraduate Research Day at the Capital, Austin, TX.
 - Poster at the Southwestern Psychological Association Conference, Frisco, TX.
 - Poster at the Center for Interdisciplinary Writing and Research Virtual Undergraduate Research Conference (virtual).
 - Talk at the Texas A&M System Pathways Student Research Symposium, Galveston, TX.
- McHugh, A.* & **Shell, M. D.** (2022-2023). Maternal education, scholastic competence, and scholastic engagement predict first-semester GPA
- Poster at the Southwestern Psychological Association Conference, Frisco, TX.
 - Talk at the Texas A&M System Pathways Student Research Symposium, Galveston, TX.
- Miller, Q.,* **Shell, M. D.**, & Fiala, S. (2022-2023). Student success: According to who?
- Talk at the Southwestern Psychological Association Conference, Frisco, TX.
 - Talk at the Texas A&M System Pathways Student Research Symposium, Galveston, TX.
- Pridemore, K. G.* & **Shell, M. D.** (2021). The influence of first year housing, extracurricular activities, and college belongingness on college graduation
<https://youtu.be/TiI2iLCWw8k>
- Poster at the Biennial Meeting of the Society for Research in Child Development (virtual).
 - Poster at the National Council for Undergraduate Research 2021 @Home Conference (virtual).
 - Poster at the Southeastern Psychological Association Conference (virtual).
 - Poster at the Council of Public Liberal Arts Colleges Research Conference (virtual).
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2021). The impact of note-taking style on actual and perceived recall. <https://youtu.be/3kxOlzeyGgg>
- Poster at to the National Council of Undergraduate Research 2021 @Home Conference (virtual).
 - Poster at the Southeastern Psychological Association Conference (virtual).
 - Paper at the Council of Public Liberal Arts Colleges Research Conference (virtual).
- Fields, N.* & **Shell, M. D.** (2020). The influence of shyness and parental relationships on academic success in college
- Poster accepted at the National Council for Undergraduate Research, Bozeman, MT (conference cancelled due to COVID-19).

- Collins, C.* , **Shell, M. D.**, & Gazelle, H. (2019). Coping strategies as predictors of emotional well-being in anxious solitary adolescents
- Poster at the Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.
 - Poster at the National Council for Undergraduate Research, Kennesaw, GA.
- Scanlon, B.* & **Shell, M. D.** (2019). The influence of social relationships on maturity in first-year college students
- Shears, D.* , Millard, Z.* & **Shell, M. D.** (2018-2019). Who am I? Changes in identity development during college
- **Winner, Psi Chi Research Award, Southeastern Psychological Association Conference 2018**
 - Poster at the Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.
 - Poster at the National Council for Undergraduate Research Conference, Oklahoma City, OK.
 - Poster at the CEPO/Psi Chi Poster Session: Southeastern Psychological Association Conference, Charleston, SC.
 - Poster at the Council of Public Liberal Arts Colleges Research Conference, Aiken, SC.
- Absher, T.* & **Shell, M. D.** (2018). Relationship quality and shyness as predictors of friendship in emerging adulthood
- Paper at the National Council for Undergraduate Research Conference, Oklahoma City, OK.
 - Poster at the Southeastern Psychological Association Conference, Charleston, SC.
 - Poster at the Council of Public Liberal Arts Colleges Research Conference, Aiken, SC.
- Stidham, J.* & **Shell, M. D.** (2017). The impact of anxious solitude and social skills on group-level peer relations during the transition to college
- Poster at the Biennial Meeting of the Society for Research in Child Development, Austin, TX
 - Paper at the Council of Public Liberal Arts Colleges Research Conference, Milledgeville, GA.
 - Poster at the Appalachian Research Day, Hazard, KY.
- Cantrell, A.* & **Shell, M. D.** (2017). The effect of academic performance and stress management on internalizing symptoms during the transition to college
- Poster at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
 - Poster at the Southeastern Psychological Association Conference, Atlanta, GA.
 - Poster at the Council of Public Liberal Arts Colleges Research Conference, Wise, VA.
 - Poster presented at the Appalachian Student Research Forum, Johnson City, TN.
- Ketron, H.* , **Shell, M. D.**, & Reynolds, A. M. (2017). The struggle is real: Mindset and motivation in General Chemistry
- Paper at the National Council for Undergraduate Research, Memphis, TN.
- Kuhn, A.* & **Shell, M. D.** (2016). The link between positive maternal relationships, shyness, and college belongingness
- Poster at the National Council for Undergraduate Research Conference, Asheville, NC.
- Miller, R.* , Kegley, E.* , **Shell, M. D.**, & Reynolds, A. M. (2016). Does academic major influence gender differences in science anxiety?
- Moore, L.* & **Shell, M. D.** (2016). Effect of family support and self-esteem on internalizing symptoms in late adolescence
- Poster at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.

- Poster at the National Council for Undergraduate Research Conference, Asheville, NC. Rumberger, L.* & **Shell, M. D.** (2016). The influence of subtypes of solitude on dyadic relationship quality and loneliness
- Poster at the National Council for Undergraduate Research Conference, Asheville, NC. Stidham, J.* & **Shell, M. D.** (2016). The influence of shyness and social competence on peer relationships
- Poster at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
- Paper at the National Council for Undergraduate Research Conference, Asheville, NC. Taylor, C.* & **Shell, M. D.** (2016). Predictors of identity development
- Paper at the National Council for Undergraduate Research Conference, Asheville, NC. Chadwell, C.,* **Shell, M. D.** & Feeser, K. (2015). Gratitude and positive affect as predictors of positive relationships
- Poster accepted to the National Council for Undergraduate Research Conference, Cheney, WA.
- Poster at the Southeastern Psychological Association Conference, Hilton Head, SC. Icenhour, D.,* **Shell, M. D.** & Feeser, K. (2014). Depressive symptoms predict life satisfaction one month later
- VanDyke, S.* & **Shell, M. D.** (2014). Health attitudes predict breast cancer screening in rural Appalachian women
- Paper at the National Council for Undergraduate Research Conference, Lexington, KY.
- Poster at the Southeastern Psychological Association Conference, Nashville, TN.
- Paper at the Council of Public Liberal Arts Colleges Research Conference, Montevallo, AL.
- Poster at the Virginia Rural Health Association Conference, Staunton, VA.
- Scott, V.* & **Shell, M. D.** (2013). Negative coping strategies among anxious solitary adolescents
- Poster at the Council of Public Liberal Arts Colleges Research Conference, Wise, VA.
- Poster at the Blue Ridge Undergraduate Research Conference, Harrogate, TN.

GRANT APPLICATIONS AND COLLABORATION

- 2022** **Shell, M. D.** *TAMUCT QEP High Impact Practices Course Enhancement Grant.* Psychology Major Seminar (funded \$2,000)
- 2022** **Shell, M. D.** *TAMUCT QEP Writing Instruction Course Enhancement Grant.* Writing in Psychology Improvements (funded \$2,000)
- 2021** **Shell, M. D.** & Reynolds, A. *AEP Foundation.* STEM Day at UVA Wise (funded \$75,000 for three years)
- 2017** **Shell, M. D.** & Reynolds, A. *AEP Foundation.* Girls' Day in STEM-H at UVA Wise (funded \$75,000 over three years, extended to four due to COVID-19)
- 2016** Hoyt, B. H., Reynolds, A., & **Shell, M. D.** *Educational Technology Fund.* New Scantron Equipment Funding Request (funded \$2,744)
- 2015** Hoyt, B. H., Reynolds, A., & **Shell, M. D.** *Educational Technology Fund.* Computer Lab Funding Request (funded \$33,495.19)
- 2012** Hoyt, B. H., **Shell, M. D.**, & Withen, P. *Educational Technology Fund.* Student Response System Funding Request (funded \$2,029.49)

Funded Student Research Supervision

- 2020** Pridemore, K. & **Shell, M. D.** On-campus Housing, Belongingness, and College Retention (funded \$4,000). *Summer Research Fellowship, UVA Wise Undergraduate Research Council (URC)*

- 2019** Moore, E., Reynolds, A. & **Shell, M. D.** The Influence of Sleep and Shyness on Academic Performance (funded \$4,000). *Summer Research Fellowship, UVA Wise URC*
- 2017** Absher, T. & **Shell, M. D.** The Effects of Shyness and Parental Attachment on Social Belonging (funded \$4,000). *Summer Research Fellowship, UVA Wise URC*
- 2016** Cantrell, A., & **Shell, M. D.** Academic Adjustment and Depressive Symptoms (funded \$4,000). *Summer Research Fellowship, UVA Wise URC*
- 2015** Taylor, C., & **Shell, M. D.** Shyness and Identity Development (funded \$4,000). *Summer Research Fellowship, UVA Wise URC.*
- 2015** Moore, L., & **Shell, M. D.** Family Support and Well-being (funded \$4,000). *Summer Research Fellowship, UVA Wise URC*
- 2014** Chadwell, C., **Shell, M. D.**, & Feeser, K. Gratitude and Psychological Well-being (funded \$4,000). *Summer Research Fellowship, UVA Wise URC*
- 2013** VanDyke, S. & **Shell, M. D.** Attitudes about Breast Cancer in Rural Appalachia (funded \$4,000). *Healthy Appalachia Fellowship Project, Healthy Appalachia Institute*

LEADERSHIP AND SERVICE

2022-present TAMUCT Selected Committee Service and Leadership

- Undergraduate Program Coordinator, Psychology (Fall 2023-)
- Psychology Student Success Coordinator (Fall 2023-)
- Faculty Senate representative for College of Education and Human Development (2023-)
- Undergraduate Council (Fall 2022-)
- Co-director, Student Research Symposium (2023-present), **Winner 2024 Program of the Year, Distinguished Student Leadership & Service Awards, TAMUCT.**
- Co-advisor, Psi Chi, Psychology Honor Society and Psychology Club (2023-)
- Search Committees: Dean of College of Education and Human Development (Spring 2024), Assistant/Associate Professor in Psychology (Spring 2024), Assistant/Associate Professor in Psychology (Spring 2023), Assistant Lecturer in Psychology (Fall 2022), Visiting Assistant Lecturer in Psychology (Summer 2022)
- Chair, Search Committee, Assistant/Associate Professor in Psychology (Fall 2022)
- Psychology Undergraduate Student Success Initiative (Spring 2022)

2012-2021 UVA Wise Selected Committee Service and Leadership

- Chair, Psychology Search Committee (Spring 2021)
- Remote Learning Standards and Evaluation Committee (2020-2021)
- Faculty Committee on Evaluation (2019-2021)
- New Student Advising Corps (2019-2021)
- Co-director of UVA Wise STEM Day (2016-2021)
- Psychology Advising (2013-2021)
- Editorial Board, *Lux: Undergraduate Scholarship at UVA Wise: Undergraduate Research Journal* (2017-2021)
- Undergraduate Research Council (2014-2021)
- Co-advisor, Psi Chi, Psychology Honor Society (2013-2021)
- Co-founder and co-advisor Women in Science, Technology, Research, Engineering And Math (Women in STREAM, 2015-2021)
- Promotion and Tenure Procedures Committee (2019-2021)
- Faculty Senate representative for Social Sciences Department (2014-2020)
- Faculty Senate secretary (2015-2016)
- Institutional Review Board (2013-2016)
- Teacher Education Admissions Committee (2013-2015)

- Ad Hoc Committee on Mission and Vision (2013)
- Healthy Appalachia Student Fellowship Committee (2012-2013)

2010-present Reviewer

- Ad hoc reviewer: *Child Development*, *Journal of Abnormal Child Psychology*, *Journal of Adolescence*, *Journal of Early Adolescence*, *Lux: Undergraduate Scholarship at UVA Wise*, *Psi Chi Journal of Psychological Research*, *Social Development*
- *Introductory Statistics for Psychology Research*, by Adam T. Hutcheson and Kristina Groce Brown, Palgrave MacMillan Books (2023)
- APA Publications and Databases (2017)
- Social Sciences and Humanities Research Council of Canada, Grant Reviewer (2017; 2023)
- Psi Chi Southeastern Psychological Association Undergraduate Research Award (2013)
- Student reviewer, *Biennial Meeting of the Society for Research in Child Development* (2010)

2009-2010 Undergraduate Advisor

- Psychology Department, *UNCG*
- College of Arts and Sciences, *UNCG*

2009-2010 President, Association of Graduate Students in Psychology, *UNCG*

2008-2009 President-elect, Association of Graduate Students in Psychology, *UNCG*

ASSOCIATIONS & MEMBERSHIPS

Association for Psychological Science
National Council on Undergraduate Research
Psi Chi, Psychology Honor Society
Society for Research on Adolescence
Society for Research in Child Development
Society for the Teaching of Psychology
Southeastern Psychological Association (former)
Southwestern Psychological Association