



AS – General Academics to BS – Exercise Physiology & Human Performance 2023-2024 Transfer Pathway



AS Degree Requirements							
McLennan Community College							
MCLENNAN	TAMUCT	Course Name	SCH	MCLENNAN	TAMUCT	Course Name	SCH
PSYC 1100 or EDUC 1100	PSYC 1100 or EDUC 1100	Learning Framework	1	BIOL 2402	CORE 030	Anatomy and Physiology II	4
ENGL 1301 or ENGL 2311	CORE 010	Composition I or Technical & Business Writing	3	GOVT 2305	CORE 070	Federal Government	3
HIST 1301	CORE 060	United States History I	3	CORE 040	CORE 040	Language, Philosophy, & Culture Core	3
CORE 020	CORE 020	Mathematics Core	3	GOVT 2306	CORE 070	Texas Government	3
CORE 050	CORE 050	Creative Arts Core	3	CHEM 1411	CHEM 1411	General Chemistry I (Lecture + Lab)	4
SPCH 1311, SPCH 1315, SPCH 1318 or SPCH 1321	CORE 010	Introduction to Speech Communication, Public Speaking, Interpersonal Communication or Business & Professional Communication	3	CORE 090	CORE 090	Component Area Option Core	3
HIST 1302	CORE 060	United States History II	3	Elective	Elective	Elective	2
BIOL 2401	CORE 030	Anatomy and Physiology I	4	Elective	Elective	Elective	3
CORE 080	CORE 080	Social/Behavioral Science Core	3	Elective	Elective	Elective	3
CORE 090	CORE 090	Component Area Option Core	3	Elective	Elective	Elective	3
Subtotal							60

Additional Lower-Level or Upper-Level Degree Requirements			
McLennan Community College or Texas A&M University – Central Texas			
McLennan Community College	Texas A&M University - Central Texas	Course Name	SCH
PHED Activity Elective ^{1,2,3}	PHED Activity Elective	PHED Activity Elective	2
Subtotal			2

Upper-Level Degree Requirements					
Texas A&M University - Central Texas (TAMUCT)					
TAMUCT	Course Name	SCH	TAMUCT	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
EPHP 4305	Research Methods	3	EPHP 4306	Exercise Biomechanics	3
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3	Upper-Level Elective	Upper-Level Elective - Faculty Approved	12
Subtotal					58
Total					120

Notes/Comments

Texas A&M University - Central Texas offers upper-level courses (3xxx-5xxx labeled courses), all lower-level courses (1xxx-2xxx labeled courses) will need to be completed at McLennan College.

For help with pathway planning, student should speak with an [academic advisor](#). *This pathway is intended for planning and visualization purposes only.*

1. Not all Degree Requirement courses are completed with the AS. Students will need to complete these remaining lower-level courses at McLennan College. Please discuss the consortium agreement procedure with a TAMUCT [financial aid advisor](#).
2. Any-level electives may be taken at Texas A&M University-Central Texas or McLennan College. Please consult with an academic advisor prior to selecting any-level electives.
3. Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, CHEM 1412, PHYS 1401, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.